

Preliminary Programme



NOVEMBER 30 - DECEMBER 1, 2018

IOF REGIONAL SYDNEY'18

7TH ASIA-PACIFIC OSTEOPOROSIS CONFERENCE

ICC SYDNEY

www.iof-regional.org

Organizer
International Osteoporosis Foundation

Secretariat
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abstract now!

PRE-CONFERENCE COURSE

ACU North Sydney Campus

Nov 28 – 29, 2018

Osteoporosis: Essentials of Densitometry,
Diagnosis and Management Course


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Our vision is a world without
fragility fractures in which
healthy mobility is a reality for all.
 www.iofbonehealth.org



Information

1. The Pre-Conference Courses will take place at the ACU (Australian Catholic University)
2. The Pre-Conference Courses can be booked separately or as part of the entire congress registration
3. The Opening Ceremony will take place at the ICC Sydney (International Convention Centre Sydney)
4. The Opening Ceremony is open to all duly registered delegates
5. The Exhibition Area is open on Friday from 08.30 to 18.00 and on Saturday from 08.00 to 17.00



Pre-Conference Courses

OSTEOPOROSIS: ESSENTIALS OF DENSITOMETRY, DIAGNOSIS AND MANAGEMENT COURSE

Wed, November 28 13.30 - 17.10

- 13.30 • Welcome and Opening Remarks – N. Pocock
- 13.40 • Overview of Osteoporosis – N. Pocock
- 14.30 • Bone Measurement Device Operating Principles – S. Baldwin
- 15.20 Coffee Break
- 15.40 • X-Ray Science, Radiation Safety and Quality Assurance – N. Pocock
- 16.20 • Clinical Evaluation of Bone Health

Thu, November 29 08.00 - 17.00

- 08.00 • Use of Bone Densitometry for the Diagnosis of Osteoporosis – J. Center
- 08.50 • Fracture Risk Assessment – S. Baldwin
- 9.40 • Monitoring Treatment of Osteoporosis – J. Wark
- 10.30 Coffee Break
- 10.50 • Clinical Management Part 1: Non-Pharmacologic, Estrogen & SERM Treatment
- 11.40 • Clinical Management Part 2: Pharmacological Treatment Continued – J. Center



- 12.30 Lunch Break
- 13.30
 - Clinical Management Part 3: Further Pharmacologic Treatment Considerations – M. Chandran
- 14.20
 - Principles of DXA Scan Interpretation – N. Pocock
- 15.10 Coffee Break
- 15.30
 - Principles of Reporting DXA Scans – M. Chandran
- 16.20
 - Cases for Discussion – N. Pocock

Conference (ICC Sydney)

Thu, November 29

Fri, November 30

Sat, December 1

17.30 **OPENING CEREMONY**

- Welcome – C. Cooper, J. A. Kanis & M. Chandran
- Best clinical papers of 2018 – R. Rizzoli
- Inclusion of diversity in science – S. Lee Brennan
- Local CNS lecture – Osteoporosis Australia
- Osteoporosis, global challenge, local impacts – L. March
- Conclusion

19.30

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08.30 **EXHIBITION AREA OPEN**

18.00

08.30 **PLENARY SESSION I**

Improving the identification of high risk patients

Chair: J. A. Kanis & E. Seeman

- Can FRAX be improved – J. A. Kanis
- CtF/FLS: what have we achieved – C. Cooper
- New imaging modalities – S. Ferrari

10.00 **POSTER VIEWING AND EXHIBITION**


Conference (ICC Sydney)

Thu, November 29

Fri, November 30

Sat, December 1

10.00 INDUSTRY-SPONSORED SATELLITE SYMPOSIUM
11.00 PLENARY SESSION II

Similarities and differences in fracture risk and treatments response: Asia vs West (IOF-OA session)

Chair: C. Cooper (IOF) & G. Liubomirsky (OA)

- BMD and other parameters of bone in Asia vs West Speaker – K. Sanders
- FRAX: intervention threshold in Asia vs West – E. Lau
- Response to osteoporosis treatment: is it the same in Asian and Caucasian (benefit/risk including AFF) – P. Ebeling

12.30 INDUSTRY-SPONSORED LUNCH SYMPOSIUM
13.30 MEET-THE-EXPERT SESSIONS

- Recent Fracture: when and how to treat osteoporosis – J.-K. Lee
- Chronic renal failure: how to assess and manage bone fragility? – P. Ebeling
- Vitamin D: which & how much? – A. Mithal
- Protein intake and supplement in fracture patient – R. Rizzoli

14.15 PLENARY SESSION III

Quality of life in musculoskeletal diseases - ESCEO symposium

Chair: R. Rizzoli & E. Biver

- Introduction – O. Bruyère
- Assessment of quality of life in osteoporosis – J.-M. Kaufman
- Assessment of quality of life in osteoarthritis – N. Arden
- Assessment of quality of life in sarcopenia – F. Buckinx
- Discussion – J.-Y. Reginster
- Conclusion – J.-Y. Reginster

15.45 IOF-APOA JOINT SESSION

- J. K. Lee
- D. Choon
- Questions & Answers



Conference (ICC Sydney)	
Thu, November 29	Fri, November 30
	Sat, December 1
16.30	CNS ROUNDTABLE
	<p>Mapping calcium intake <i>Chair: B. Dawson-Hughes</i></p> <ul style="list-style-type: none"> Dietary calcium intake worldwide (Ca map) – B. Dawson-Hughes Consequences of low calcium intake in the Asia Pacific region – R. Rizzoli Calcium supplements and fracture prevention – A. Mithal Calcium intake and its implication in China – Wei-bo Xia Roundtable: Potential strategies to improve calcium intake - What is feasible within the low intake countries
18.00	

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	Sat, December 1
08.00	EXHIBITION AREA OPEN
17.00	
08.15	MEET-THE-EXPERT SESSIONS
	<ul style="list-style-type: none"> Falls prevention: is it possible – W. L. Hsu Bone loss in early menopause: to treat or not? Genetic markers of bone fragility: what have we learned – E. Duncan Can we trust bone turnover markers to improve fracture assessment – H. Morris
09.00	PLENARY SESSION V
	<p>Assessment and management of bone fragility beyond idiopathic osteoporosis (IOF-ANZBMS session) <i>Chair: S. Ferrari (IOF) & P. Croucher (ANZBMS)</i></p> <ul style="list-style-type: none"> Fracture prevention in cancer patients – E. Biver Fracture prevention in diabetes patients – M. Chandran When to suspect a genetic disorder? – J. Eisman
10.30	POSTER VIEWING AND EXHIBITION


Conference (ICC Sydney)

Thu, November 29

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Sat, December 1
11.00 PLENARY SESSION VI

New insights in the management of knee osteoarthritis - ESCEO Symposium

Chair: C. Cooper & F. Cicuttini

- Welcome – C. Cooper
- The 2014-2016 ESCEO algorithm for the management of knee osteoarthritis – O. Bruyère
- New insights on the safety of anti-osteoarthritis medications – E. Dennison
- New clinical evidence supporting the use of SYSADOAs as a first-line background treatment in knee osteoarthritis – J.-Y. Reginster, G. Honvo, A. Geerinck, O. Bruyère
- Update of the 2014-2016 ESCEO algorithm for the management of knee osteoarthritis – C. Cooper
- Discussion – C. Cooper
- Conclusion – J.-Y. Reginster

12.30 INDUSTRY-SPONSORED SATELLITE SYMPOSIUM
13.30 IOF-OA-ANZBMS JOINT SESSION

- Exercise and osteoporosis – B. Beck
- Monetary cost of osteoporosis – J. A. Kanis
- Morbidity and mortality of osteoporosis – J. Center

14.15 YOUNG INVESTIGATOR AWARDS SESSION
14.15 MEET-THE-EXPERT SESSIONS

- Osteosarcopenia – G. Duque
- Glucocorticoid osteoporosis – E. Dennison
- Assessment of physical strength and performance – F. Buckinx

15.15 PLENARY SESSION VII

Osteoporosis treatment: update

- Benefit/Risk of long term treatment – S. Ferrari
- Fracture risk off therapy – E. Dennison
- Closing the gap in the treatment of patients at imminent risk of fracture: role of the new anabolic agents – J.-Y. Reginster

16.30